

# the SPIRIT

SPIRITUALITY PROFESSIONALISM INNOVATION RESPONSIBLE STEWARDSHIP INTEGRITY TEAMWORK

SEPTEMBER 2017

## CELEBRATING 12 YEARS IN STYLE!



On Tuesday August 8th, Hotel Dieu Shaver celebrated its 12th anniversary with a BBQ in the Healing Garden for all staff and patients. It was a great turn out and amazing weather to celebrate another fabulous year!



## BIG BIKE FOR HEART & STROKE

Each summer, a group of Hotel Dieu Shaver employees take it upon themselves to participate in the Big Bike Ride for the Heart and Stroke Foundation. Staff organized a BBQ in the hospital's Healing Garden to raise funds for this amazing charity. This year, the HDS team raised \$3,029 – up from \$2,800 in 2016. CONGRATULATIONS!

## HDS STAFF AWARDED 40 UNDER FORTY

On May 11th, Nicole Johnson, Registered Occupational Therapist for Hotel Dieu Shaver's Augmentative and Alternative Communication Clinic, received a Niagara 40 Under Forty Business Achievement Award. The awards are given yearly to Niagara's top 40 individuals that deserve to be recognized as Niagara's next generation of business leaders.

Congratulations to Nicole for exemplifying excellence within the walls of Hotel Dieu Shaver and in our community.



## MISSION MOMENT

“BE THE REASON SOMEONE SMILES TODAY.”



## KEEP IN TOUCH!



Recognition Week?  
Received an Award?  
Giving back to our Community?

The Communications Dept. is happy to recognize staff in your professional and personal achievements! We encourage staff to take the lead by providing content ahead of time.

Please call ext. 84211 or send info to [kris.lidstone@hoteldieushaver.org](mailto:kris.lidstone@hoteldieushaver.org)

## MISSION & PASTORAL SERVICES

The credibility of Catholic health ministry and care ultimately stems from dedicated staff who not only know what our mission and values are but live them every day. To highlight how our mission and values are being lived at HDSHRC, all staff will be invited during the next few months to reflect upon each of our corporate values and how they are being lived out on a daily basis in their day-to-day work life.

## #1 FOR STROKE REHABILITATION

In June 2017, the Ontario Stroke Network released its Annual Stroke Report Card for the province of Ontario. We are pleased to share that Hotel Dieu Shaver was identified as #1 in the province of Ontario for progression in Stroke Rehabilitation.

## HEALTH PROFESSIONAL OF THE YEAR

We are pleased to announce that on June 30th, 2017, at the Ontario Spinal Cord Injury Award Dinner, our own Winnie Tam, Neuro Occupational Therapist, was presented with the "Health Professional of the Year" Award. We congratulate Winnie on this accomplishment and thank her for her great work!

## HDS DONATES TO WAREHOUSE OF HOPE

Phil Isber and his colleague Mike were thrilled to be the recipients of our old portable X-Ray machine and assorted items. The machine was loaded in a crate and sent to Guatemala in July!



## CANADA 150 CHALLENGE

Throughout the summer, the Health and Wellness Committee promoted a fitness challenge to commemorate Canada's 150th Birthday. Leading up to July 1, 2017, 36 staff accumulated the kilometers travelled during their week. Staff were proud to announce that 8,555 km were travelled which is the equivalent of travelling from St. Catharines to Santiago, Chile.

## ONTARIO PAPER THOROLD FOUNDATION CHEQUE PRESENTATION

On Tuesday, July 19th, the Foundation welcomed the Ontario Paper Thorold Foundation to thank them for their contribution of a \$50,000 pledge that is now finished. The Ontario Paper Thorold Foundation's generosity allowed Hotel Dieu Shaver to renovate and fully equip the inpatient Neurology Room.



## NURSES WEEK UPDATE

Nurses Week was celebrated May 8 to May 12. The Nursing breakfast on Monday, May 8, 2017 was a great success. The Jeanne Mance award was presented to Kathleen Browning (RPN 2 East) who is described by her colleagues as a team player, provides patient-centered care, always calm, incorporates best practice evidence into her everyday practice, and is a pleasure to work with. Kathleen is the 4th nurse presented with this prestigious award. Congratulations Kathleen!



Staff were provided with pastries baked by 2 East staff member Kathy Condina and coffee provided by both Tim Hortons and McDonald's. Staff members from all units collected a grand total 169 kilograms of food and grocery gift certificates to donate to Community Care. A very successful bake sale produced a total of \$300.00, which was also provided to Community Care. Great job team!

## ROYAL CANADIAN LEGION BRANCH #24 DONATION



On August 17th, Members of the Royal Canadian Legion Branch # 24 in St. Catharines presented a cheque for \$6,718.00 to purchase Sit to Stand Lifts and Vital Signs Monitors from our hospital's Wish

List. Funds received were raised through the Legion's annual Poppy Drive.

## GARDEN BENCHES

New garden benches have been purchased and installed, with more on the way. The benches and picnic table are one more way to recognize and honour loved ones or a special occasion. Benches with plaques are available from the Foundation Office.



## CONGRATULATIONS GRADUATES!

Hotel Dieu Shaver is thrilled to extend our congratulations to both Subuddhi Kulkarni and Liz Pearson, for the successful completion of their Masters Degrees. Subuddhi graduated with his Executive Masters of Business Administration. Liz Pearson graduated with her Masters of Nursing. We are proud to have both Subuddhi and Liz on our team!

# IMPROVING PATIENT EXPERIENCE IN RECEIVING AAC SERVICES AT A LOCAL LEVEL

Retired maintenance professional and outdoor enthusiast Ray Van Osch made the trek from Ridgeway to Sunnybrook Hospital in Toronto in early spring to be diagnosed with Amyotrophic Lateral Sclerosis (ALS). ALS is a disease that causes gradual paralysis of muscles. The disease affects walking, eating, swallowing, talking, breathing and has a life expectancy of three to five years. With his wife Judi by his side, the couple were encouraged to seek an Augmentative and Alternative Communication (AAC) Clinic to assist with the necessary next steps. Unknown what an AAC Clinic was, it was explained that Ray will likely lose his ability to speak. An AAC Clinic could help Ray and Judi be proactive and have Ray's voice recorded for the use in a communication device.

There was a surgery and many tests leading up to Ray's diagnosis which meant weekly or daily trips to Toronto. Ray and Judi described the trips to Toronto as onerous and physically and emotionally exhausting. Fortunately Hotel Dieu Shaver Health and Rehabilitation Centre learned of Ray and Judi's experience and helped



facilitate a transfer from Toronto to Niagara/Hamilton. In 2014 Hotel Dieu Shaver saw an unmet need in the community. Listening to the residents and its patients comment that there was not an AAC clinic for adults. It was then that Hotel Dieu Shaver opened up its own expanded level AAC Clinic servicing the residents of Niagara. This program is funded by the HNHB LHIN.

In a short amount of time, Hotel Dieu Shaver was able to improve Ray's patient experience by arranging to have his AAC service provided in his own home.

If Ray is unable to attend medical appointments in Hamilton, the Hotel Dieu Shaver AAC Clinic team can arrange a video conference visit from his home through the Ontario Telemedicine Network. Furthermore, the Hotel Dieu Shaver team will follow Ray through the course of his ALS to ensure that he and his wife Judi have the equipment and techniques needed to communicate his needs and continue to have conversations with his family.

"The diagnosis of ALS is traumatic, taking a toll physically, as well as mentally and emotionally. The transfer to the AAC clinic at Hotel Dieu Shaver was seamless and the time line was remarkable," remarks Ray in the comfort of his own home. "We are no longer apprehensive about appointments, because they are local, and manageable. Thank you to the AAC clinic at Hotel Dieu Shaver for facilitating this."

## FEATURED EMPLOYEE: ADRIENNE YARROW

### Current Position/Role:

Rehabilitation Assistant

### How long have you been with HDS?

2 years. I have been with HDS since June 2015. I was a student here for my second year clinical placement in the Neuro Department.



### What you like about your job:

I was hired as a casual rehab assistant, so that makes my job interesting. I get to work in many departments (Ortho, Neuro, In-patient, Out-patient) and this allows me to work with the different therapists and assistants. I love being able to do that because I have learned and continue to learn so much as each therapist/assistant does things a little differently.

### Any advice for someone coming into your line of work:

I would advise anyone coming into the profession to take their clinical placements seriously and treat them like a job interview. You never know what connections you will make along the way and if it will lead to employment after graduation.

### Hobbies/Interests:

I enjoy staying active and have been doing kick boxing for almost one year now. Being healthy is important to me so I can be a good role model for the patients. I also enjoy cooking and have been known to make some really good salted caramel sauce from scratch.

## SAGE AWARDS

This year Sandra Robinson, Advanced Practice Nurse, was nominated for the 2017 SAGE award for her work in the Parkinson's and Memory Clinics. Sandra's work with the Behavioural Support Team, Wound Management team and second floor staff just touches the surface of her dedication and commitment to seniors' health at Hotel Dieu Shaver. Sandra was one of 26 nominees for the individual award category. Although she did not win, she is truly a champion in our eyes. Congratulations Sandy!

## DIAGNOSTIC IMAGING CHANGES

X-rays are now being imaged using an external company, STL Diagnostics. This service brings X-ray technology directly to the patient bedside, removing the need for multiple patient transfers within the facility or to the St. Catharines Acute Hospital Site. This service also provides Ultrasound and Doppler studies to be completed in house, which will provide a faster turnaround time on important diagnostic studies.

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